

Press Kit

DATING COACH & MATCHMAKER

Deb Harrison

Website: www.thematchmakingagency.com.au

Email: deb@thematchmakingagency.com.au

Phone: 0416 22 11 22

Availability: Sydney & global (zoom, phone or in-person)

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Renowned for her warm, intuitive approach and ability to guide clients through the complexities of modern dating with clarity, confidence, and integrity, Deb is certified in Science-Based Coaching. She combines an evidence-based framework with intuitive insight and a deep understanding of human behaviour to create meaningful results.

With a commitment to personalised, high-touch service, Deb brings empathy, practical wisdom, and authenticity to every coaching session and client match. She helps individuals move beyond confusion, burnout, and superficial encounters—guiding them toward aligned, enduring partnerships that feel both genuine and fulfilling.

Based in Sydney, Australia, Deb works with clients across the country and internationally.

Location: Sydney, Australia

Media Availability: Interviews, panel discussions, expert commentary

Style: Professional, warm, intuitive, discreet

About TMA

The Matchmaking Agency, founded by Sydney-based matchmaker Deb Harrison, helps singles move beyond dating fatigue and confusion—offering curated introductions, evidence-based coaching, and a refined approach to finding love.

Blending science-based dating coaching with intuition, strategy, and discretion, TMA offers a sophisticated alternative to apps and algorithms. Deb works closely with a select number of clients at a time, ensuring deeply personalised guidance and meaningful introductions. The agency's boutique, high-touch approach creates space for genuine connection and aligned relationships in today's fast-paced dating world.

Media topics:

Deb is available to speak on:

- The loneliness epidemic among high-achieving adults
- Why dating apps are failing emotionally available singles
- High-end matchmaking vs. traditional dating
- Love after divorce: dating in your 40s, 50s and beyond
- The psychology of attraction and emotional compatibility
- How confidence and styling impact dating outcomes
- Why personalised matchmaking is growing among professionals and entrepreneurs
- From burn-out to belonging; how to reclaim connection after dating disappointment
- Why visibility, vulnerability, and values are keys to lasting love